



The cornerstone of programming is a wide range of evidence-based health promotion interventions designed specifically for older adults, many of which are promoted by the Centers for Disease Control (CDC) and Administration for Community Living (ACL). Enhance Fitness classes include cardio, strength, flexibility and balance exercises. Rock Steady Boxing is for people with Parkinson’s Disease and other movement disorders and is offered three times a week at Waring Senior Center. Other evidence-based classes include Matter of Balance, which addresses the fear of falling, and Arthritis Foundation Exercise Program.

Other types of activities offered at the centers include art classes, foreign languages, dance, writing, current event discussion groups, Mah Jongg and other cards and games, and so much more. The centers have groups that meet up outside the center to play golf, kayak, and meet for lunch or dinner. Local speakers include physicians, authors, local historians, professors from local colleges on a wide range of topics. The centers truly offer something for everyone!

Additionally Waring Senior Center offers four outdoor pickleball courts and a café offering an affordable hot meal three days per week. Lowcountry Senior Center expects to open three pickleball courts later in 2026.

The true magic of the senior centers is socialization! The centers give participants a purpose; a place to be themselves and meet others. Social isolation is a risk factor for premature death, dementia, depression and anxiety, heart disease and stroke. Senior centers are an intervention in combating social isolation among older adults.

Lowcountry and Waring Senior Centers are membership-based with annual membership fees ranging from \$100-\$160 per year. Many classes are free for members and others have minimal fees. Waring Senior Center has approximately 1,700 members and Lowcountry Senior Center 1,300 members. Scholarships are available for those with financial limitations.

Lowcountry Senior Center - 865 Riverland Dr., Charleston, SC 29412 **(843) 990-5555**
Waring Senior Center - 2001 Henry Tecklenburg Dr., Charleston, SC 29414 **(843) 402-1990**

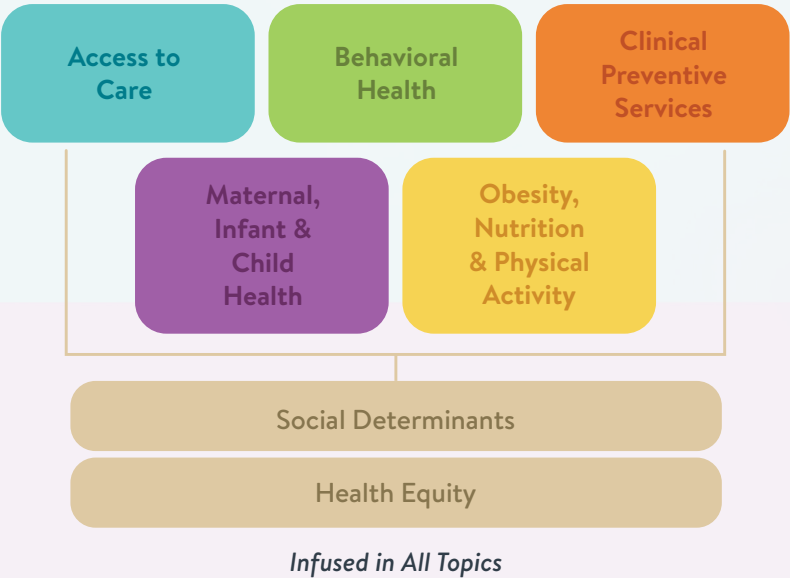
Medication Take Back

One way that we provide medication support is through Bon Secours St. Francis Hospital’s participation in the 340B Drug Program, a federal program that requires pharmaceutical makers to provide outpatient drugs to eligible healthcare organizations or covered entities, allowing them to optimize federal resources and reach more eligible patients, maximizing comprehensive services to underserved patients. We also provide medication support by hosting medication drop-off programs that provide disposal for expired and unused medications to prevent overdose. In 2025, we partnered with Charleston and North Charleston Police Departments and drug prevention agencies to host 2 medications take back events in the Tri County area.



Tri-County Health Improvement Plan

Prioritized Health Topics based on 2025 Community Health Needs Assessment



[rsfh.com](https://www.rsfh.com)



2025 Community Benefit Report

Changing Lives in Our Community

Dear Friends,

At Roper St. Francis Healthcare, our commitment to the community evolves alongside the needs of the people who live here. Guided by our mission of healing all people with compassion, faith and excellence, we are called to ensure that high-quality, compassionate care is accessible to every neighbor we are privileged to serve.

In 2025, that promise took shape in meaningful and measurable ways, through expanded outreach efforts, strengthened community partnerships and a continued focus on meeting people where they are. Whether through a mobile health visit, a connection to a trusted provider or financial support for a local organization, each moment reflects our commitment to improving access across the Lowcountry.

This year, our community benefit investments continue to address both immediate needs and long-term challenges, supporting charity care, advancing preventive services and investing in programs that promote healthier outcomes for all.

While the numbers in this report reflect the scale of our work, the true impact is seen in the lives touched by our programs and our teams every day. It could be a patient whose cancer was detected early through one of our free screenings, a family connected to critical maternal or behavioral health resources or a patient finding trusted care closer to home in one of our growing communities.

As we look to the future, we are guided by our Strategic Plan 2030, an ambitious vision to ensure care is accessible, connected and better equipped to serve generations to come. We are taking bold steps to bring care closer to home by optimizing our footprint, including plans to relocate Roper Hospital in North Charleston and expand services in our fastest-growing communities.

Importantly, that work has already begun long before the campus will open. We are actively listening to and building relationships with community leaders, churches, schools and organizations to better understand the needs of the communities we serve and how we can be strong, lasting partners within them.

This work is made possible by our dedicated teammates, our valued partners and a shared belief that healthier communities are built together. Thank you for your continued trust and support as we move forward, together, toward a healthier future.

With gratitude and hope,

Sincerely,



Joseph DeLeon
President & Chief Executive Officer
Roper St. Francis Healthcare

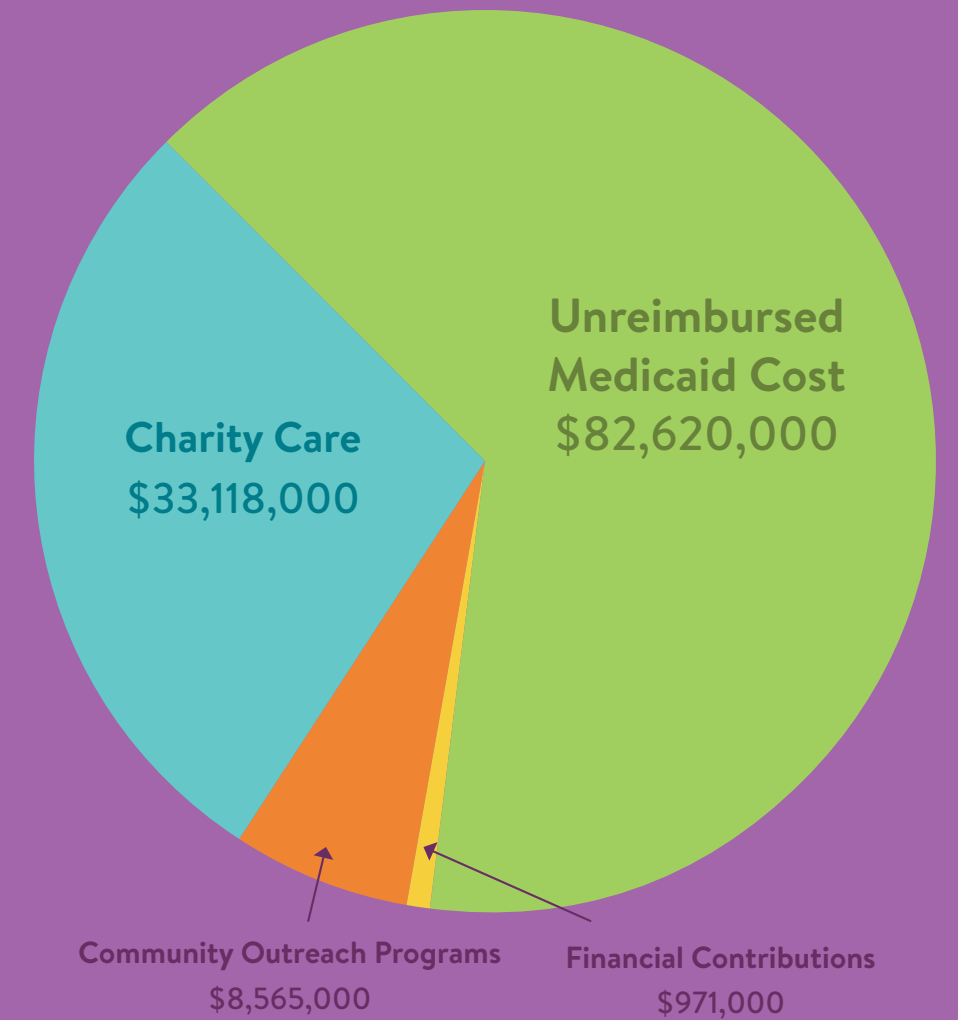


Megan Baker, MD, FACS
Senior Vice President,
Chief Operating Officer
Roper St. Francis Healthcare

2025 Community Benefit Report

Total Community Benefit Expense: \$23,610,000
(1.8% of Net Operating Expense)

In 2025, Roper St. Francis Healthcare served thousands of our neighbors in support of wellness, outreach and education events. Our staff contributed over 1900 hours in community service. We supported 67 organizations with sponsorships, including Beyond Basic Life Skills, Charleston County Public Library, Shifa Clinic, Lowcountry Street Grocery, and Tricounty SPEAKS.



Note for graph: In 2025, through South Carolina DHHS reimbursement program, Roper St. Francis Healthcare received a Medicaid Settlement of \$101,664,000 offsetting the unreimbursed Medicaid costs to \$23,610,000. For more information about the state program please see: scgap.org.



Community Health Highlight: Lowcountry Senior Center

Roper St. Francis Healthcare and City of Charleston first partnered over 25 years ago to bring senior centers to the older adults in our community. Lowcountry Senior Center opened in 2002 as a multi-purpose senior center dedicated to providing holistic wellness services to adults age 50+. The 10,500 square foot facility is in a park-like setting on James Island and hosts a wide range of programs including fitness, art, languages, lectures, social events, and so much more.

The success of Lowcountry Senior Center was immediate. Demand quickly grew for another center in the West Ashley area of Charleston. In 2019, City of Charleston and Roper St. Francis Healthcare partnered again to open Louis Waring, Jr. Senior Center on the campus of Bon Secours St. Francis Hospital.

There are an estimate 11,000 senior centers in the United States. They serve as a central hub for older adults to access services, such as recreational activities, socialization, meals, and other resources in their communities. Senior centers are organized and funded in a variety of ways. Lowcountry and Waring Senior Centers are owned by City of Charleston and operated by Roper St. Francis Healthcare under a management agreement.

Lowcountry and Waring Senior Centers are wellness model centers promoting healthy, active aging. Combined, the centers offer approximately 600 classes per month and each centers welcomes around 300 visits per day. The senior centers house gyms with cardio and strength training equipment as well as classrooms for programs of various sizes. Over 80% of all visits are related to a form of exercise